

Lake Lundgren Bible Camp presents...

Seeds

Discipleship Camp for Girls
entering 7th-9th grades

Take your faith a
little deeper this
summer in Seeds!
Build friendships
with awesome ladies
who love Jesus



Seeds A: June 10-15
Seeds B: August 5-10

Why Seeds?

The purpose of this camp is to teach teen girls who have trusted Jesus Christ as their Savior what it means to fully follow Him. As a discipleship camp, applicants must profess faith in Christ and have a desire to grow in their faith. This means that all the ladies coming to Seeds are already Christians who desire to dive deeper



"My favorite thing about Seeds is that I'm in a community of positive, friendly, welcoming Christian girls and staff. I've grown so much. I feel like God changed me, and that I had a breakthrough in my relationship with Christ."
~Seeds 2023 Camper

Application can be found at LLBC.org/new/seeds/





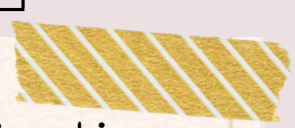
Example Seeds Schedule (subject to change)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00		Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
7:50		Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	
8:00		Breakfast	Breakfast	Breakfast	Breakfast	Continental Breakfast
8:30		PQT	PQT	PQT	Service Project	
9:00		Morning Activity	Morning Activity	Morning Activity		PQT
9:30						
10:00		Session	Session	Session		Pack Up Free Time
10:30						
11:00		11:15 Cabin Time	11:15 Cabin Time	11:15 Cabin Time		
11:30						
12:00		Lunch	Lunch	Lunch	Lunch	Lunch
12:30		Rest Time		Rest Time	Rest Time	Camper Farewell
1:00	Registration in Forest Center- Greet Campers & Swim Test	Seminars or other activities	Outing Adventure	Seminars or other activities	Seminars or other activities	
1:30				Free Time (with main camp)	Free Time (with main camp)	
2:00	2:45 Welcome and Orientation					
2:30						
3:00						
3:30						
4:00	Cabin Meeting					
4:30	Free Time					
5:00	Dinner	Dinner	Dinner	Dinner	Dinner	
5:30						
6:00	Session	Session	Session	Session	Session	
6:30						
7:00	Activity	Activity	Activity	Activity	Activity	
7:30						
8:00						
8:30	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	
9:00						
9:30	Cabin Debrief	Cabin Debrief	Cabin Debrief	Cabin Debrief	Cabin Debrief	
10:00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	
					Lights Out	



PLEASE NOTE:

Seeds will be separate from "main camp" except for meals and free times



A couple other things to know...

Application Timeline

Applications can be submitted anytime after November 20 and will be accepted as first come first served. Emails will be sent upon acceptance.

Applications can be emailed to Camp@LLBC.org



Have Questions?

Contact Haley Kuntze

email:

haley.kuntze@llbc.org

camp phone number:

715-324-5457

