

# FALL FEST

A retreat for youth groups

#1: Sep 19-21

#2: Sep 26-28

#3: Oct 3-5

#4: Oct 10-12

#5: Oct 17-19

LAKE LUNDGREN  
BIBLE CAMP

## Info for Parents

### A Word from Camp:

Thanks so much for sending you son or daughter to Lake LUndgren for our Fall Fest retreat. We love emphasizing many standard FALL elements, like apples, football, and turkey. Campers can opt to participate in some unique activities like our SPARTAN RACE, flag football competition and more. If you have any questions for us, please email [sponz@llbc.org](mailto:sponz@llbc.org) for some answers.

### What to Bring:

- Registration Form
- Bible, pen/pencil, notebook -Camp Fee
- Clearly labeled medications in original bottles. Please do not bring non-prescription medications.
- warm sleeping bag or bedding & pillow; towels & washcloth
- Toothbrush, toothpaste, soap, shampoo & deodorant
- Modest Fall Clothing (including some athletic clothes)
- Clothes that can get filthy
- Spending Money (recommended amount: \$10-\$20)
- Optional: camera, musical instrument, etc.
- Clearly label your belongings. Please call if something is left behind and we will work with you to return the item.

### What to NOT Bring:

- Fireworks, Firearms, Knives, Matches, Lighters, Cigarettes, Vapes
- Alcohol or non-prescription drugs
- Candy, snacks or food (unless required for medical reasons)
- Pets
- Valuables

### Frequently Asked Questions:

- If my child attended summer camp, do they need to bring along a new health history form?
  - Yes...but don't worry, the registration form includes the health form.
- Do you make concessions for food sensitivities?
  - Yes, we make sure all reasonable food sensitivities are accounted for.

## Schedule

### Friday

6:30-7:30 pm	Registration
8:00 pm	Leader Mtg in Chapel
8:30 pm	Chapel
9:15 pm	Breakout Time
9:30 pm	Free Time
11:00 pm	In Cabins

### Saturday

7:00 am	Leaders Meeting
8:00 am	Breakfast
8:30 am	PQT
9:00 am	Chapel
10:00 am	Breakout Time
10:45 am	Free Time Options
	-Flag Football Tourney
	Lunch
Noon	Free Time Options
1:00 pm	-Spartan Race
	-Shooting Ranges
	-Ninja course
	...AND MORE!!!
5:00 pm	Supper
6:00 pm	Chapel
7:00 pm	Breakout Time
8:00 pm	Night Activities
11:00 pm	In Cabins

### Sunday

8:00 am	Leader Meeting
8-9:00 am	Continental Breakfast
9:00 am	PQT
9:30 am	Chapel
10:30 am	Breakout Time
Noon	Lunch
1:00 pm	Depart

For more FAQ's, go to [www.llbc.org/new/faq](http://www.llbc.org/new/faq)